

**Name** : Mr. R.Saravanan  
**Department** : Physical Education  
**Qualification** : B, Sc., B.P.Ed., M.P.Ed., M.Phil, (Ph.D)  
**Experience** : 10 years 6 months  
**Area of Specialization(s)** : Volleyball  
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### Academic Qualifications

Degree	Branch	Institution / University Name	Year of Graduation
Ph.D.,	Physical Education	Bharathiar University, Coimbatore	Pursuing
M.Phil.,	Physical Education	Bharathiar University, Coimbatore	2012-2013
M.P.Ed.,	Physical Education	Bharathiar University, Coimbatore	2010-2012
B.P.Ed.,	Physical Education	Bharathiar University, Coimbatore	2009-2010
B,Sc	Physical Education	H.H.The Rajas College , Bharathidasan University	2006-2009

### Additional Qualifications

Diploma / Vocational / Certification	Area of Specialization	Institution / University / Agency Name	Year
PGDYEd	Yoga	Bharathiar University, Coimbatore	2009
-	UGC Certificate Course on Environmental Studies	H.H.The Rajas College , Pudukkottai	30 May 2007

### Other Publications: International / National Journals

- Presented A Paper On The Topic **Impact Of Drill Based High Intensity Interval Training On Physical Fitness Variables Of Volleyball Players** -ISSN: 2394-1685 | E-ISSN: 2394-1693 | Volume : 8 Issue : 3 Year : May-2021 Page Number : 461-463
- Presented A Paper On The Topic **A High Intensity Interval Training Profile For Performance Variables Of Collegiate Volleyball Players** -ISSN: 2394-1685 | E-ISSN: 2394-1693 | Volume : 8 Issue : 3 Year : May-2021 Page Number : 464-467

## Book Publications

➤ NIL

## Participation in Seminars

- UGC Sponsor National Level Seminar on Impact Of Physical Education In Developing Wholesome Personality Among Student Community, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education Coimbatore, 16 March 2012

## Participation in Workshop

- National workshop on Avenues In Physical Education, Bharathiar University Coimbatore, 18<sup>th</sup>- 20<sup>th</sup> March 2010

## Bharathiar University South Zone Inter University Coaching Experience

S.No	Game/Events	Represented and Venue	Name of the College /University	Year
1	Volleyball (M)	South Zone Inter University II Place M.G.University & All India III Place & SRM University	Bharathiar University (Selection Committee Member)	2016 -2017
2.	Volleyball (W)	South Zone Inter University at D.P.Jain Arts and Science College, Chennai	Bharathiar University Women Volleyball Team(Coach)	2014 -2015
3	Volleyball (W)	South Zone Inter University at Krishna University A.P	Bharathiar University Women Volleyball Team(Coach)	2015-2016
4	Volleyball (W)	South Zone Inter University at Calicut University, Kerala	Bharathiar University Women Volleyball Team(Coach)	2016-2017
5	Volleyball (M)	Senior State Volleyball Championship at Rajapalayam	Sri Krishna Arts and Science College, Coimbatore	2014-2015
6	Table Tennis (M)	South Zone Inter University at Hindustan University, Chennai.	Bharathiar University , Table Tennis Team (Coach)	2019-2020