

## YOUTH EMPOWERMENT PROGRAMS



- To create healthier and higher qualities of life for youth
- To organize and recognize youth groups/organizations by linking them with globally available socio - economic opportunities available national or international wise and specifically.



### Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)  
Approved by Government of Tamil Nadu and Accredited by NAAC with "A" Grade (2nd Cycle)  
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# VALUE EDUCATION



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Coimbatore | Tamil Nadu | India

## YOGA & MEDITATION



- Helps in self discipline and self control leading to high level of concentration and consciousness.
- Instills positive attitude
- Meditation helps to keep the mind sharp, relieves stress and anxiety, and strengthens the immune system

## CHARACTER BUILDING

- Improves good traits in a person's character
- Helps to develop a sense of loyalty and attachment in the working environment.



## GANDHIAN STUDIES



- To plan and carry out activities for the promotion of Gandhian ideals and philosophy.
- Involving different stakeholders to work with the culture of collective living, collective working, peace and nonviolence

## SWAMI VIVEKANANDHA STUDY CIRCLE

- To pursue the integrated study of philosophy and activities of Swami Vivekananda in India as well as in global references.
- To undertake studies of different religions with an objective to spread the idea of harmony of diversified religions.
- To treat all work as worship and service to the man as service to the God



## PROFESSIONAL ETHICS



- To understand the moral values that ought to guide the profession
- To resolve the moral issues in the profession

## NATIONAL & GLOBAL DAY CELEBRATIONS

- Encourages students to embrace multiple traditions and culture
- To pay respect and honor to the contributors for their outstanding performance for the betterment of the nation.



## VALUE BUILDING



- Enables students to logically grapple with the moral life and encourages healthy brain development and growth
- To develop qualities such as humility, truthfulness, honesty, courtesy, tolerance and sacrifice among the youth.

## UNIVERSAL BROTHERHOOD

- To unite people who wish to work towards the transcendence of the spirit, regardless of belief, nationality, gender and economic status.
- To create a feeling of oneness, thereby disseminating peace and prosperity in the world.

